

# The Safe Routes to School Bike & Pedestrian Safety Education Program

TWO-DAY TRAINING & CURRICULUM FOR THE ELEMENTARY SCHOOL PHYSICAL EDUCATION CLASSROOM



**2011**

THIS PROGRAM IS BEING OFFERED THROUGH THE COMMUNITIES PUTTING PREVENTION TO WORK: HEALTHY EATING ACTIVE LIVING GRANT, MADE POSSIBLE BY FUNDING FROM THE DEPARTMENT OF HEALTH AND HUMAN SERVICES AND PUBLIC HEALTH - SEATTLE & KING COUNTY.

THE CURRICULUM IS BASED ON A PROGRAM DEVELOPED COOPERATIVELY WITH THE WASHINGTON STATE DEPARTMENT OF TRANSPORTATION, THE OFFICE OF THE SUPERINTENDENT OF PUBLIC INSTRUCTION, THE BICYCLE ALLIANCE OF WASHINGTON AND FEET FIRST.

MATERIALS PRESENTED BY :



# The Safe Routes to School Bike & Pedestrian Safety Education Program

**TWO-DAY TRAINING & CURRICULUM FOR THE ELEMENTARY SCHOOL PHYSICAL EDUCATION CLASSROOM**



Dear Educator:

Congratulations on receiving the Communities Putting Prevention to Work Safe Routes to School Grant!

Our organizations have been collaborating on safe routes to school projects for years. We are excited to have this opportunity to train you so that in turn, your students will be safer bicyclists and more aware walkers.

Your district will be one of many to provide physical education classes for these life skills to students around the state. It is a part of what we hope will be a lasting change in how students in Washington travel to school and around their neighborhoods.

We have designed the program to allow teachers flexibility based on length and frequency of physical education classes. Teachers may choose to extend particular sections of the curricula to suit students' needs.

The two-day trainings, which are being conducted by the Bicycle Alliance of Washington and Feet First, will provide lots of activity including games and hands-on time with bicycles. Teachers will also learn about the equipment the students will use during their classes.

This program is being offered through the Communities Putting Prevention to Work: Healthy Eating/Active Living grant, made possible by funding from the Department of Health and Human Services and Public Health - Seattle & King County.

